



Training Camp 2018

Friday 27th April - Sunday 29th April

Spencer Park Lodge - Spencer Park Holiday Camp

Friday 27th April

17:00 **Arrival**

19:00 **Meet and Greet**

Saturday 28th April

06:00 **Breakfast** Bring your Own

07:00 **Dogs/Break**

08:00 **Activity/s** 2017 Prize Giving/ 2018 Intro

11:00 **Dogs/Break**

11:30 **Activity**

12:30 **Lunch** Bring your Own

13:30 **Activity**

14:30 **Dogs/Break**

15:00 **Activity**

18:30 **Dinner** Fish and Chips SUPPLIED

19:30 **Dogs/Break**

20:00 **Movie and Chill Out** Group Bonding Activity

Sunday 29th April

06:00 **Breakfast** Bring your Own

07:00 **Dogs/Break**

08:00 **Q&A/Debrief** Sign Up 2018 Juniors

10:00 **Check Out** Vacuum and Clean Up

11:00 **Race/Run**

12:00 **Camp Closes** HOME TIME!

***For local people not staying on site, please arrive at 08:00 each day, thank you.**

***The times and activities are approximate and depend on the weather and amount of people.**

Course Content and Format

This training camp has been developed to aim at our Junior, Novice and beginner mushers, but is open to all that are interested and want to participate.

EACH JUNIOR MUSER/S (U16) MUST BE ACCOMPANIED BY AN ADULT!

It will be based around training, conditioning and expectations versus results from your dogs and yourselves.

The format is based around being away for a race, therefore you will be expected to drop dogs and care for them every three hours.

The camp will include:

- Lessons regarding basic dog care, nutrition and racing needs.
- Developing skills regarding identifying and avoiding injury.
- Lessons on harness fitting and harnessing up correctly.
- Discussions on race equipment, race rules and how and what a race requires to run.
- Video sessions to highlight and reinforce the skills above.
- Hopefully, a fun race at the end of the weekend.

Junior Development Scheme 2018

We would like, if possible, all Juniors who wish to be part of the programme for 2018, to stay in the lodge, accompanied by an adult. This is to encourage interaction between all juniors participating in the programme.

We would like all juniors that entered log books and essays in the Junior Development Programme for 2017 to be there for a short prize-giving at 08:00 on Saturday 28th April.

We will hopefully be signing juniors up for the 2018 programme on the Sunday morning before the camp closes. Those juniors wishing to enrol, should attend please.

Information Sheet

COSTS:

Accommodation (Friday and Saturday Nights)

\$20 per Adult, per night.

\$15 per Youth (U16), per night.

OR: \$200 for a whole room; includes 6 beds for whole weekend.

Course Fee (Saturday Course)

\$40 per Adult.

Because this is targeted mostly at Juniors, all U16 mushers are FREE.

RSVP:

Please return forms before **FRIDAY 23RD MARCH** with a \$40 Deposit.

Beds will be allocated on a first in basis.

IF INSUFFICIENT ENTRIES ARE RECEIVED, THE LOCATION AND FORMAT MAY CHANGE.

UTILITIES AND EQUIPMENT:

- The lodge contains 36 bunks spread between 6 rooms, each with 6 bunks.
- There are internal showers and toilets available, along with a kitchen and a lounge.
- Spencer park has a wide range of other accommodation, if you wish to sort you own.

HOUSEKEEPING RULES:

- All dogs to be on lead. No loose dogs please.
- All dog poo to be picked up and removed.
- No gang lines to be used and all holes around trailers/vehicles filled.
- No dogs to be inside the lodge.
- Rooms are to be vacuumed and cleaned before departure.

HOUSEKEEPING RULES STILL APPLY IF YOU FIND YOUR OWN ACCOMODATION ON-SITE!

Please provide your own:

- Bedding
- Food for Breakfast and Lunches
- Helmet (Bicycle or Snowboard ect)
- Bike or Scooter in Good Working Order
- 1 Dogs Maximum, per entrant; with adequate housing (Trailer or Vehicle)

ENTRY FORM:

	Musher 1	Musher 2	Musher 3
Name:			
D.O.B			
Email:			
Ph #:			

Accomodation		Fri	Sat	Total (\$)
	Adults - \$20 p/n			
	Youth (U16) - \$15 p/n			
	Room (2 Nights) - \$200	N/A	N/A	
		SUBTOTAL =		
Course Fee		Number of:	Total (\$)	
	Adults - \$40			
	Youth (U16) - FREE		N/A	
		SUBTOTAL =		
		TOTAL =		
OFFICE USE ONLY:	LESS DEPOSIT - \$40 pd			

- **Deposit to be paid by the 23rd March.**
- **Entries to be FULLY paid by the 13th April.**
- Entries paid by cheque to: Lupa Kennels
22 Shelswell Street
Westport 7825
- Entries paid by Direct Debit: ANZ Account Number 06-0705-0329842-00
- Please use the name on the entry form as a reference please.