





### NZFSS JUNIOR DEVELOPMENT and TBSDC & ASDC

Present:

# **Training Camp 2019**

Friday 10<sup>th</sup> May - Sunday 12<sup>th</sup> May Spencer Park Lodge - Spencer Park Holiday Camp

Friday 10th April		
17:00	Arrival	
19:00	Meet and Greet	
Saturday 11th April		
06:00	Breakfast	Bring your Own
07:00	Dogs/Break	
08:00	Activity/s	2018 Prize Giving/2019 Intro
11:00	Dogs/Break	
11:30	Activity	
12:30	Lunch	Bring your Own
13:30	Activity	· · · · · · · · · · · · · · · · · · ·
14:30	Dogs/Break	
15:00	Activity	
18:30	Dinner	Fish and Chips/Pizza SUPPLIED
19:30	Dogs/Break	
20:00	Movie and Chill Out	Group Bonding Activity
Sunday 12th May		
06:00	Breakfast	Bring your Own
07:00	Dogs/Break	
08:00	Q&A/Debrief	Sign Up 2019 Juniors
10:00	Check Out	Vacuum and Clean Up
11:00	Race/Run	<del></del>
12:00	Camp Closes	HOME TIME!

<sup>\*</sup>For local people not staying on site, please arrive at 08:00 each day, thank you.

<sup>\*</sup>The times and activities are approximate and depend on the weather and amount of people.

## **Course Content and Format**

This training camp has been developed to aim at our Junior, Novice and beginner mushers, but is open to all that are interested and want to participate.

#### EACH JUNIOR MUSHER/S (U16) MUST BE ACCOMPANIED BY AN ADULT!

It will be based around training, conditioning and expectations versus results from your dogs and yourselves.

The format is based around being away for a race, therefore you will be expected to drop dogs and care for them every three hours.

#### The camp will include:

- Lessons regarding basic dog care, nutrition and racing needs.
- Developing skills regarding identifying and avoiding injury.
- Lessons on harness fitting and harnessing up correctly.
- Discussions on race equipment, race rules and how and what a race requires to run.
- Video sessions to highlight and reinforce the skills above.
- Hopefully, a fun race at the end of the weekend.
- Weather permitting outside activities.

## **Junior Development Scheme 2019**

We would like, if possible, all Juniors who wish to be part of the programme for 2019, to stay in the lodge, accompanied by an adult. This is to encourage interaction between all juniors participating in the programme.

We would like all juniors that entered log books and essays in the Junior Development Programme for 2018 to be there for a short prize-giving at 08:00 on Saturday 11<sup>th</sup> May.

We will hopefully be signing juniors up for the 2018 programme on the Sunday morning before the camp closes. Those juniors wishing to enrol should attend please, however if not possible please contact Steve - 0272140156.

#### **Information Sheet**

#### COSTS:

### **Accomodation (Friday and Saturday Nights)**

\$20 per Adult, per night.

\$15 per Youth (U16), per night.

**OR:** \$200 for a whole room; includes 6 beds for whole weekend. (Dependent on final numbers).

#### **Course Fee (Saturday Course)**

\$40 per Adult.

Because this is targeted mostly at Juniors, all U16 mushers are FREE.

#### RSVP:

Please return forms before **WEDNESDAY 1ST MAY** with a \$40 Deposit.

Beds will be allocated on a first in basis.

IF INSUFFICIENT ENTRIES ARE RECEIVED, THE LOCATION AND FORMAT MAY CHANGE.

### UTILITIES AND EQUIPMENT:

- The lodge contains 36 bunks spread between 6 rooms, each with 6 bunks.
- There are internal showers and toilets available, along with a kitchen and a lounge.
- Spencer park has a wide range of other accommodation, if you wish to sort you own.

#### **HOUSEKEEPING RULES:**

- All dogs to be on lead. No loose dogs please.
- All dog poo to be picked up and removed.
- No gang lines to be used and all holes around trailers/vehicles filled.
- No dogs to be inside the lodge.
- Rooms are to be vacuumed and cleaned before departure.

# HOUSEKEEPING RULES STILL APPLY IF YOU FIND YOUR OWN ACCOMODATION ON-SITE!

#### Please provide your own:

- Bedding
- Food for Breakfast and Lunches
- Helmet (Bicycle or Snowboard ect)
- Bike or Scooter in Good Working Order
- 1 Dogs Maximum, per entrant; with adequate housing (Trailer or Vehicle)

### **ENTRY FORM:**

	Musher 1	Musher 2	Musher 3
Name:			
D.O.B: Juniors			
Email:			
Phone:			

Accomodation		Fri	Sat	Total (\$)
	Adults - \$20 p/n			
	Youth (U16) - \$15 p/n			
	Room (2 Nights) - \$200	N/A	N/A	
		SUBT	TAL =	

Course Fee:		Number of:	Total (\$)
	Adults - \$40		
	Youth (U16) - FREE		N/A
		SUBTOTAL =	
		TOTAL =	

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- Deposit to be paid by the 1ST MAY.
- Entries to be FULLY paid by the 7TH MAY.
- Entries paid by cheque to: Lupa Kennels 22 Shelswell Street, Westport 7825
- Entries paid by Direct Debit: ANZ Account Number 06-0705-0329842-00
- Please use the name on the participant/entrant as a reference.